



Star Hill

Family Athletic Center

Summer Recreation Program

NEW!! Summer STARS



Every year at camp there are a few activities that seem to shine above the rest. This year we would like to explore new programs that will allow our campers to spend more time with the sports they already love, and create opportunities for them to discover incredible games that we have not been able to offer in the past. The STARS program is designed to give your child(ren) the opportunity to have 12 hours during the camp week specifically dedicated to a single activity that they enjoy. The program will run Monday–Thursday from 9am–Noon, and will be available to campers ages 9 and above. Each program will offer specific games and activities directly related to the chosen sport. These will not be drill-oriented specialty camps! The intention is to provide our campers with extra time to focus on an activity they will love, and build positive relationships through a common interest.

If successful, we are hoping to expand our STAR programs in future camps, possibly including Wiffle Ball, Hiking, Fishing, Arts & Crafts, and other fun summer activities. The possibilities are endless!

Date: Week of July 17th
Specialty: **SOCCER**
Additional Cost: \$35 per child



Activities: Year after year, soccer is the most requested sport at camp. This week’s activities will include all the fun soccer activities they love without interruption. Campers will get the opportunity to play full sided games, participate in mini 3v3 tournaments, play Futsal on the basketball courts, challenge themselves with World Cup, Cross-bar challenge, Lightning, and more.... Campers will then go back into their camp groups for lunch, swimming, and other afternoon activities.



Date: Week of July 31st
Specialty: **DISC GOLF**
Additional Cost: \$75 per child
(almost all transportation costs)



Activities: Here is something **new** for most campers. Disc Golf is an exciting and relaxing sport growing in popularity across the world (and with our staff). Much like playing golf, but with a Frisbee, participants are challenged to move the disc in as few “shots” as possible. Our activities will begin focusing on rules and basic movements, and include playing on the course at Cross Farms here in Tolland. Transportation will be provided daily. After returning to Star Hill at noon, the campers will go back into their camp groups for lunch, swimming, and afternoon activities.